

TELEMEDICINE OVERVIEW



WHAT IS HEALTHIEST YOU?

HealthiestYou gives employees access 24/7/365 to US board-certified doctors through the convenience of phone, video or mobile apps

HOW MUCH DOES IT COST?

Employees pay \$0 per call - no copays & no deductibles

WHAT ARE THE BENEFITS?

- **FREE** option to employees to avoid the Urgent Care & ER
- HY will send Rx directly to pharmacy for pick-up
- Employees can get care anywhere in all 50 states
- Employees can access real-time cost comparisons for prescriptions nearby
- Telemedicine is available to all enrolled employees and their enrolled household members



TELEMEDICINE OVERVIEW (Cont.)



General Medical 24/7 - \$0 visit fee - Unlimited visits

Speak to a licensed doctor by phone or video 24/7 from anywhere



Expert Medical Services - \$0 visit fee - Unlimited visits

Receive a second opinion on an existing diagnosis and treatment for any condition



Mental Health - \$0 visit fee - Unlimited visits

Talk to a therapist seven days a week from wherever you are



Neck and Back Care - \$0 visit fee - Unlimited visits

Relieve your back pain through guided videos with a certified health coach



Dermatology - \$0 visit fee - Unlimited visits

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days



Nutrition - \$0 visit fee - Unlimited visits

Members work directly with registered dietitians who assess clinical nutrition needs and develop personalized programs including custom meal plans and shopping guides

