URGENT CARE VS. EMERGENCY ROOM



Minor Emergencies

- ✓ Sprains & Broken Bones
- ✓ Flu & Colds
- ✓ Other Common Illnesses
- ✓ Ear, Eye & Other Infections
- ✓ Sore Throat
- ✓ Fevers
- ✓ Minor Stitches

PPO COPAY - \$30

HDHP COST - \$150-\$300

Life/Limb Threatening Conditions

- ✓ Signs of Heart Attack
- ✓ Signs of Stroke
- ✓ Severe Shortness of Breath
- ✓ Poisoning
- ✓ Coughing up or Vomiting Blood
- ✓ Uncontrollable Bleeding
- ✓ Loss of Consciousness

PPO COPAY - \$100

HDHP COST - \$1,000 MIN

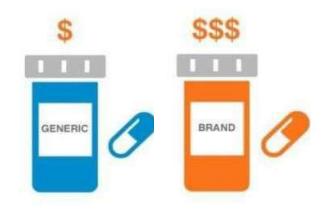
HEALTHIESTYOU COST - \$0



RX SAVINGS TIPS

GENERIC VS. BRAND MEDICATION

- 80% 85% cheaper
- Same:
 - Active Ingredient
 - Strength
 - Dosage Form
 - Route of Administration
- Bioequivalent to brand-name



MAIL ORDER VS. RETAIL

Mail order may be for you if:

- You like saving time and money
- You forget to order or pick up refills
- You require long-term maintenance medications

Benefits:

- Free shipping
- Can order a 90-day supply
- Cheaper than retail
- Improved medical adherence

Retail pharmacy may be for you if:

- You need medication right away
- You take a compound medication
- You like the "personal" touch

Benefits:

- Same day pick-up
- Many have a drive thru window
- Improved medical adherence

