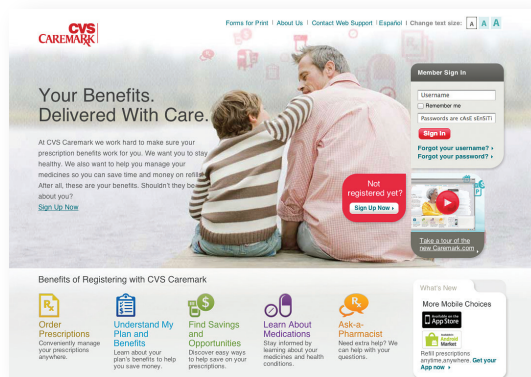


# START SAVING AT CAREMARK.COM



**Caremark.com** is one of the best parts of your CVS/caremark benefits program. IT'S ALL HERE.

You have secure access to all of your personal prescription benefit information so you can easily manage your health online where and when you need to. Register your account at Caremark.com for time and savings opportunities, and discover these benefits:

- » Track your spending
- » Compare medicine costs and find lower-priced options
- » Order your long-term medicines from CVS/caremark Mail Service Pharmacy for convenient home delivery service

## GET CONNECTED OR SIGN UP TODAY

Sign up and let the savings and benefits start working for you. It only takes a few minutes at **Caremark.com**.

# MAKE MEDICINE REFILLS MORE CONVENIENT

You have three ways to choose how to refill your medicine. They're all simple; just choose the one that fits you best.



## ONLINE

» You can refill your mail service medicine 24/7 at Caremark.com



## PHONE

» Call the toll-free number on the back of your prescription ID card



## BY MAIL

» Send your refill request to CVS/caremark at the address listed on the order form

[www.caremark.com](http://www.caremark.com)

**CVS/caremark™**

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.

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# PRESCRIPTION BENEFITS SAVINGS AND SUPPORT

CVS/caremark » WAYS TO SAVE



**CVS/caremark™**

# WAYS YOUR PRESCRIPTION BENEFITS SAVE

You can save in a number of ways using your CVS/caremark prescription benefits. The way you choose to receive your medicine, the quantities you receive them in, the kind of medicine you choose — it all adds up to ways to save.

## CHOOSE GENERICS, CHOOSE TO SAVE

You can choose generic medicine to help control your health care costs and start saving. Generic medicine is high-quality medicine that can cost 80 percent to 85 percent less than its brand-name counterpart.<sup>1</sup>

The Food and Drug Administration (FDA) requires that generic medicines have the same active ingredients, strength and dosage as their brand-name counterparts, which means they have the same quality and performance. And today, nearly 8 in 10 prescriptions filled in the United States are for generic drugs.<sup>1</sup>

Generics are the number one way your doctor or pharmacist can help you save money. Next time you talk with your doctor or pharmacist:

- » Ask your doctor if there is a generic option for any brand-name drugs you are currently taking
- » Ask if there is a generic for the next new prescription your doctor writes
- » Ask your pharmacist about your generic options next time you refill a medicine

To see how you can save on existing prescriptions, visit the “Find Savings and Opportunities” section on **Caremark.com**.

<sup>1</sup>U.S. Food and Drug Administration (FDA) Facts About Generic Drugs Davit et al. Comparing generic and innovator drugs: a review of 12 years of bioequivalence data from the United States Food and Drug Administration. Ann Pharmacother. 2009;43(10):1583-97.

# SAVE WITH HOME DELIVERY

You can save on the cost of your long-term maintenance\* medicine by choosing to have a 90-day supply mailed safely to your home, office or other location that works for you. This benefit saves you both time and money.

## » SAVINGS

On average, one 90-day supply of your medicine can cost less than three 30-day supplies

## » CONVENIENCE

No-cost home delivery service can save you time with fewer trips to the pharmacy

Before your medicine ships, a registered pharmacist reviews all prescriptions to help ensure they are complete and accurate. And your medicine arrives in private, tamper-resistant plain packaging.

\*A maintenance medication is taken regularly for chronic conditions or long-term therapy. A few examples include medications for managing high blood pressure, asthma, diabetes or high cholesterol.

# SIGN UP FOR CONVENIENT MAIL SERVICE

## THERE ARE THREE CONVENIENT WAYS



### ONLINE

- » Go to **Caremark.com** and sign in or register. Click on “Order Prescriptions,” then click “Request a New Prescription” to enter your information



### PHONE

- » Call the toll-free number on the back of your prescription ID card – be ready with doctor, medicine and mailing information, and prescription payment method



### DOCTOR

- » Have your doctor submit your prescriptions electronically. It's fast, accurate and easy. Your doctor can quickly submit your prescription electronically, by fax or over the phone

**Call the toll-free number on the back of your prescription ID card – we can review your benefits and work together to help you save time and money and most importantly, help you stay healthy.**