

Register at Caremark.com



When you register at Caremark.com, you'll get access to tools and resources that make managing your pharmacy benefits easier and more convenient.

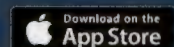
There are three easy ways to register:

- Go to Caremark.com, click the **Register** button and follow the instructions to sign up
- Download the CVS Caremark® mobile app from Google Play or the App Store to register your account
- Call the number on the back of your member ID card and a representative will get you started with a personalized registration email or text

Register to:

- Refill your prescriptions
- Check the status of your order
- Review your coverage and track annual spending
- Locate network pharmacies near you
- Check medication costs and find opportunities to save money
- Log into Caremark.com from your desktop to access these additional features: manage your profile information, including shipping addresses, payment methods and notifications

Visit Caremark.com/welcome-center or scan the QR code to download the CVS Caremark mobile app and register today.





Pharmacy Benefit
Manager (PBM)



CVS Caremark[®] is your PBM

We manage your prescription benefit plan and help
keep your medication costs low.

Affordable medications when and where you need it

As a part of the CVS Caremark family, you have access to a wide range of cost-effective medications and thousands of network pharmacy choices (including home delivery) for you and your family.

More savings and convenience

We provide support and guidance so you get the most value from your plan.

Find a network pharmacy. Using a pharmacy that's covered by your plan keeps you from overpaying. You can pick up your medication, but many also offer home delivery.

Fill in 90-day supplies. Have refills delivered to your door for medications you take regularly in 90-day supplies from CVS Caremark Mail Service Pharmacy. There's no delivery fee, and you'll probably save money, too.

Stay on track and look for savings using our digital tools. Request refills, get email and text alerts about your prescriptions, and check medication costs — all on your own time.

Learn more at
**Caremark.com/
OpenEnrollment**
(after your benefit
begins) or scan
the code.



To scan the QR code:
Open your camera
Scan the code
Tap the link

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CVS Specialty®

Medication and support just for you

We're a specialty pharmacy that provides personalized care to help make living with your condition a little easier.

What is a specialty pharmacy?

It's a pharmacy that provides specialized medications. This may include medications that help manage complex conditions (such as rheumatoid arthritis, multiple sclerosis and cancer) or those requiring injections or infusions.

A team of pharmacists and nurses specially trained in your condition

You can send a secure message to your CVS Specialty CareTeam any time you have a question about your health or medication. You can also get tips on how to take your medication correctly, help you manage side effects and stay on track.

A choice of pick up or delivery

Get the medication you need, when and where you need it. Have it delivered to any place nationwide or pick it up at any CVS Pharmacy® location.*

Learn more at
[Caremark.com/
Specialty](https://www.caremark.com/specialty) or scan
the code.



To scan the QR code:
Open your camera
Scan the code
Tap the link

*Where allowed by law. In-store pick up is currently not available in Oklahoma. Puerto Rico requires first-fill prescriptions to be transmitted directly to the dispensing specialty pharmacy. Products are dispensed by CVS Specialty and certain services are only accessed by calling CVS Specialty directly. Certain specialty medication may not qualify. Services are also available at Long's Drugs locations.

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Digital tools

Save time and money

Our digital tools help you find ways to save on medication and manage your prescriptions on your own time.

When you register for an online account or download our app, you can manage your medications from your desktop or mobile device — anytime, anywhere. Here's how our digital tools can help you every day.

Find a network pharmacy

Using a pharmacy that's covered by your plan keeps your costs low. Locate one that's convenient.

Check drug cost

Find out how much of the medication costs your plan pays and how much you pay. See if there are lower-cost options to help ensure you're getting the best value.

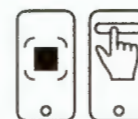
Refill fast

Request refills quickly and keep track of prescriptions for your family in one convenient place. See how close you are to meeting your deductible and out-of-pocket cost maximum anytime.

Stay in the loop

Sign up to get email or text messages about your prescriptions, ways to save, status updates and more.

Learn more at
[Caremark.com/
OpenEnrollment](https://www.caremark.com/OpenEnrollment)
or scan the code.



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Prescription benefits

Convenient and affordable medication options



Welcome to CVS Caremark® – we manage your new prescription benefit plan. We're here to help you get the medication you need and learn how to keep costs low.

Make sure you know how to get your medication

You can pick up your medication at any pharmacy in your network. Some prescription benefits offer delivery by mail, too. Be sure to review your prescription benefit plan to see your options.

Tap into savings with digital tools.

Save time, compare costs and stay on top of your prescriptions. Do it all at [Caremark.com](https://www.caremark.com) and the CVS Caremark mobile app.

- Find a network pharmacy to keep medication costs as low as possible
- See if a medication is covered to get the most affordable option
- Compare drug costs to see where you can save
- Sign up to get email or text messages about your prescriptions and more
- Request refills and keep track of prescriptions for your family

For answers to commonly asked questions, visit [Caremark.com/HelpCenter](https://www.caremark.com/HelpCenter) or scan the code.



To scan the QR code:
Open your camera
Scan the code
Tap the link



Rx Delivery by Mail

Convenience, savings and safety

Why get your Rx delivered by mail? Not only is delivery by mail a safe and secure way to get the medications you take regularly (like medication for asthma or high blood pressure) — you'll probably save money, too.

Convenience

CVS Caremark Mail Service Pharmacy can deliver 90-day supplies of medications you take regularly to your door. For even more convenience, start automatic refills, too.

Savings

Filling your Rx in 90-day supplies usually comes with savings. Plus, there's no extra cost for shipping.

Safety

Our secure, nondescript packaging protects your privacy.



**90-day supplies
typically cost
less than 30-day
supplies.**



Learn more at [Caremark.com/Rxdelivery](https://www.caremark.com/Rxdelivery) or scan the code.



To scan the QR code:
Open the camera on your smart phone
Focus on the QR code
Tap the link that appears

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Mobile app

Manage your Rx on your own time



We make it easy to keep track of your Rx, check for savings and more from your mobile device.

Our mobile app gives you a secure, simple way to manage your prescription benefits and member information. Find a nearby pharmacy no matter where you are. Learn about your medication and get information you can trust day or night. Do all this – and much more – at your convenience.

Keep an eye on drug costs and check for lower-cost alternatives that may save you money.

Order and track refills – even get timely refill reminders – so you never miss a dose.

Stay on top of order status so you know when to pick up your medication or watch for delivery by mail.

Access your Rx list, member ID cards and Rx history at your doctor's office or anytime you need them.



Learn more at [Caremark.com/OpenEnrollment](https://www.caremark.com/OpenEnrollment) or scan the code.



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Maintenance Choice®

Save with 90-day supplies



Maintenance Choice helps keep your medication as affordable as possible. Make the change to 90-day supplies to enjoy these savings.

Help keep your copay low

Start filling the medication you take regularly (like medication for asthma or high blood pressure) in 90-day supplies at select participating pharmacies. Choose the option that works best for you — and change it whenever you like.

Here's what you need to do:



1. On or after your new plan's effective date, use the Pharmacy Locator Tool to find a participating pharmacy.

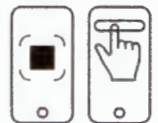


2. Ask your prescriber to send a new 90-day prescription to that pharmacy for pickup or delivery.

To find a participating pharmacy, visit [Caremark.com/PharmacyLocator](https://www.caremark.com/PharmacyLocator) or scan the code.



To scan the QR code:
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Tap the link.



Oklahoma: Some Oklahoma residents may not be eligible to participate in the Maintenance Choice program. If you have questions about your eligibility, please contact Customer Care at the number on the back of your member ID card.

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Digital tools

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Save time and money

Our digital tools help you find ways to save on medication and manage your prescriptions on your own time.

When you register for an online account or download our app, you can manage your medications from your desktop or mobile device — anytime, anywhere. Here's how our digital tools can help you every day.

Find a network pharmacy

Using a pharmacy that's covered by your plan can keep your costs low. Locate one that's convenient.

Check drug cost

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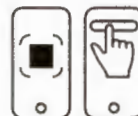
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Your prescriptions
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Get the most from your medication



Taking your medication as directed helps you stay healthier.
These tips can keep you on track.

Fill your prescriptions on time with ease. We offer convenient options for filling your medication so you never run out. Choose the one that's right for you.

- **Pick up your refills at any CVS Pharmacy®.** With more than 9,900 locations, it's easy to find one nearby
- **Have refills delivered to your door.** You'll pay just one copay for a 90-day supply with no-cost shipping from CVS Caremark® Mail Service Pharmacy

Want more convenience? Let us manage your refills. Sign up for automatic refills at **Caremark.com** or in our mobile app

Stick to the schedule prescribed by your doctor. This helps your medication do its job and prevents hospital visits. Talk to your doctor or pharmacist if you have questions.

Start a reminder system. When you fill your prescriptions with CVS Pharmacy or Caremark Mail Service Pharmacy, you can sign up to get refill reminders from us. You can also set an alarm on your mobile device or computer, or write sticky notes to remind yourself.



Learn more at **Caremark.com/OpenEnrollment** or scan the code.



To scan the QR code:
Open the camera on your smart phone
Focus on the QR code
Tap the link that appears



Experiencing side effects?

Don't stop taking
your medication.
Call your doctor or
talk to a pharmacist.

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